

# Building together a Basic Course for the prevention of drug addiction.

NEWSLETTER

APRIL, 2012 N° 1

*PREV-learning*

## 1st Steering committee - Madrid, December 2011

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## The partners

Asociación Proyecto Hombre - Spain

Kethea - Greece

Monar - Poland

Projecto Homem - Portugal

Phoenix Futures - United Kingdom

Ceis Formazione - Italy

## 1<sup>st</sup> Steering Committee of Madrid (15-16 December 2011)

On the 15th and 16th of December in Madrid, was held the first steering committee of the Project “Building together a basic course for the prevention of drug addiction”.

Proyecto Hombre staff provided a warm reception for all participants, providing a great workplace.

Participants: Main members of the project: KETHEA (Greece): Marianna Gidakou (Coordinator) and Ioanna Kiritsi (Prevention Expert); MONAR (Poland): Marzena Ciaglewicz (Coordinator) and Marta Stefaniak-Lubianka (Prevention Expert); PROJECTO HOMEM (Portugal): Abel Pereira (Coordinator); ASOCIACIÓN PROYECTO HOMBRE (Spain): Antonio J. Molina (Coordinator of the project) and Marta Maheu (Responsible for the Administration of the project). Associated members of the project: CEIS FORMAZIONE (Italy): Andrea Ascari; PHOENIX FUTURES (United Kingdom): Frances Gray.

This meeting was an opportunity for all partners to meet, review the documentation and plan the work to be done.

Also the technical committee was meeting, where they shared documents and information and planned to carry out the work.

Also presented was the platform online training.

There were two days full of work, where the various stakeholders showed enthusiasm for the completion of the project.

Join us in this challenge: all contributions will be welcome.

Building together...

# PREV-learning

## The challenge:

building together a basic course for the prevention of drug addiction.

Leonardo da Vinci 's Project (2011-2013)

“BUILDING TOGETHER A BASIC COURSE FOR THE PREVENTION OF DRUG ADDICTION“ is an initiative from “Proyecto Hombre” NGO, constituted by 4 main partners:

KETHEA (Greece)

PROJECTO HOMEM (Portugal)

ASOCIACION PROYECTO HOMBRE (Spain)

MONAR (Poland)

Also, we have got the participation of 2 supporting partners :

CEIS Formazione (Italy) and

PHOENIX FUTURES (United Kingdom)

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## Objectives

- ⇒ To develop knowledge and skills of prevention technicians with support of ICT.
- ⇒ To promote a network on prevention, for a better collaboration among partners and their networks for a common knowledge.
- ⇒ To facilitate the access among the greatest number of prevention technicians of this e-learning course.
- ⇒ To evaluate this process.

## Expected results

- ⇒ A basic e-learning course on prevention, incorporating best experiences, answering the demands from prevention technicians and profiting from flexibility of ICT.
- ⇒ An e-learning course in English (common language) and the other 4 languages (Greek, Polish, Portuguese and Spanish). National annexes with specific legislation and programs will be included. The promotion of a university or official degree will be intended.
- ⇒ A European network on prevention, in order to share knowledge and methodology.

## THE PARTNERS

### Coordinator: Proyecto Hombre

The Organization, NGO born in 1984, is dedicated to prevention, treatment and rehabilitation of drug dependences. It's made up of 26 Authorized Centers, 111 Service Points and 213 Care Units in 15 regions. It attends to more than 20.000 people in the therapeutic area and over 66.000 people in its prevention

### PROYECTO HOMBRE ASOCIACIÓN

programs, per year. Its labor, as a network, makes it possible to obtain continuous progress in the addictive behavior area.

The Association Proyecto Hombre is a meeting point for the exchange of experiences, knowledge and work. It represents all the centers on a national and international level.

### Proyecto Hombre on prevention

Proyecto Hombre has different levels on prevention:

*Universal:* implemented in the school and family areas ("Entre Todos")

*Selective:* applied in the School, family and pre-labor fields ("Rompecabezas" and "A tiempo").

*Indicated:* usually ambulatory programs, working families and children together in individual sessions, self help groups, mentoring joint school parents and other intervention tools.

*Labor prevention:* intended for information and training as a first element and subsequently

to the development of plans for the prevention of substance use in companies, organizations and other groups, involving representatives and workers in the development and implementation of plans.

On-line prevention courses on the website <http://www.formacionph.es/>:

Universal Prevention on-line basic course.

Selective Prevention on-line basic course.

Family Prevention for mediators and educative agents.

"School for Parents" (under construction).

[www.proyectohombre.es](http://www.proyectohombre.es)

### Core partner: Kethea



#### Therapy Center for Dependent Individuals, Kethea

The Therapy Center for Dependent Individuals is the first organisation established in Greece for the purpose of drug addiction treatment.

A forerunner of KETHEA was the Special Therapeutic Programme for Dependent Individuals, a pilot project which ran from 1983 to 1987, focusing on ITHAKI, the first Greek Therapeutic Community.

The foundation of KETHEA in 1987 (Law 1729) brought together all the Special Therapeutic Programme units and laid the foundations for an ongoing development of a nation-wide services network.

**Institutional framework – organisation & operation :** Self-managed legal entity of private law and comes under the auspices of the Ministry of Health and Social Solidarity (Law 3204/2003)

## Kethea on prevention

### Prevention in KETHEA - History

1983 Community Action (ITHACA)

1989 (MOBILE UNIT PEGASUS) Community Action - Mobilizing Prevention

1996 Department of Primary Prevention

Pilot integrated community school programs in elementary and secondary levels of education (students- trainers - parents - all)

Trainers training

Prevention Programs for parents

Prevention professionals training

Consulting – supervision of trainers

Other professionals training (police officers, priests, border guards, etc.)

## Core partner: The MONAR association

MONAR is a non-governmental, non-political association, which was founded in 1978 and was officially registered in 1981. It currently operates all over Poland

MONAR's activity is an integrated, professional, contemporary, and multi-layer system for the prevention of drug abuse, dependency, homelessness, and social



exclusion. It offers a wide range of assistance services for people who have found themselves in difficult life circumstances: lonely, sick with AIDS, and those who

have gone astray.

MONAR is one of the largest organisations in the world – currently it serves over 40,000 people every year through 135 different programs.

MONAR's mission is to care for every person who find themselves in difficult life circumstances, and help in the atmosphere of love, tolerance, dignity and respect for human rights.

## Monar on prevention

MONAR's prevention activities are based on the promotion of universal values such as goodness, justice, love, respect for others, responsibility for oneself and others.

The Pure Hearts' Movement

([www.ruchczystychserc.pl](http://www.ruchczystychserc.pl)), which was initiated by Marek Kotański in 1995, unites youth from all over Poland. Community prevention is now implemented through community clubs, education and training, as well as programs Alternative Dance.

### Children and Youth

The MONAR Association operates prevention and awareness-raising programs addressing children and adolescents of different ages, by means of promoting healthy lifestyles. MONAR Youth Clubs also welcome parents and teachers as part of the service offered. An integral part of activity aimed at young people is the Pure Hearts Movement which is undertaken by pupils themselves with the purpose of providing a prevention based peer-to-peer approach.



## Core Partner: Ce.S.B. Projecto Homem

The Centro de Solidariedade de Braga/Projecto Homem is an Institution for Social Solidarity (IPSS), it was founded in 1991, in Braga.

It is an institution specialising in the prevention, treatment and recovery from chemical dependency, alcoholism and



other addictions.

Another service provided by the institution is the

intervention in risk reduction and harm minimization through actions aimed at drug addicts and alcoholics on the streets.

The Centro de Solidariedade de Braga/Projecto Homem bases its action in people safeguarding with full respect for the dignity and freedom of the human person.

### Projecto Homem in prevention

In collaboration with schools and training centers Projecto Homem has developed numerous training sessions for young people and educators.

Since 2008 Projecto Homem is the promoter of a prevention project that has involved more than 4.000 students (aged between 5 and 17 years), families and teachers.



## Associated partner: Phoenix



### Phoenix Futures

Ending dependency, transforming lives

The UK's first 'Phoenix House' opened its doors in London in 1969, offering Therapeutic Community (TC) based residential rehabilitation.

Throughout the 1970s the Phoenix House TC programme adapted and modernised, becoming less rigid and adding Cognitive Behavioural Therapy (CBT) based group work to the programme.

We expanded and opened more houses in the 1980s.

In the early 1990s, a large increase in funding for the substance misuse field focussed on HIV prevention. Many of the resulting services were harm reduction based.

Our evolution over the last four decades has seen us grow from a single pioneering

residential service to a national organisation with nearly 90 services across community, prison and residential settings.

We have always believed that our service users are individuals and that the recovery process for each person is different. We will use whatever interventions and models of service delivery help them along their personal path of recovery.

## Associated partner: Cooperativa sociale CEIS Formazione (Centro Studi Donald J. Ottenberg)

Consorzio Gruppo CEIS, founded in Modena in 1982, started a group of associations, cooperatives and organizations aimed to project and develop educational and health services based on the bio-psycho-social approach. At this point Gruppo CEIS is a consortium of 10 non profit organizations employing almost 300 staff members and 250 volunteers.



CEIS Formazione is a training and research institution authorized within the regional vocational training system, to provide advanced training. e-learning and training for special target groups (people with disabilities, addicted people, convicted people, etc).

It manages training for 80 Italian school directors and teachers about good practice in facing school drop out and new technologies for training of trainers.

Since 2004 it has worked for the Institute Progetto Uomo - Salesian University (e-learning management), University of Bologna CESAF (e-

learning management), Murialdo organization (e-learning management), Emilia Romagna Region - training on services for addiction (e-learning management), University of Modena - Master degree for managers of social services (e-learning management), National Ministry of education (e-learning management for training of teachers working in Therapeutic Communities).

It provides management of support service on HIV online prevention project

www.helpaids.it. and management of the web based service for prevention and treatment for cocaine addicts DEDALO Project.

It is coordinator and partner in several projects in the field of prevention and health promotion at national and local level.

It has developed several client server software and web based software for public and private organizations. Database for clinical data, database for services for employment, project management software etc.

CEIS Formazione organizes since 1994, international traineeships within the network of Consorzio Gruppo CEIS.

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Leonardo da Vinci 's Project (2011-2013)

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[www.adam-europe.eu/adam/project/view.htm?prj=8510](http://www.adam-europe.eu/adam/project/view.htm?prj=8510)